

# Lectures in Sports Medicine

Thursday June 12, 2014

Lecture hall Major, Sports Medicine Unit

Umeå University

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**14:00** Fitness and Health Effects of Football for Untrained Individuals Across the Life Span

Professor Peter Krstrup  
Sport and Health Sciences  
College of Life and Environmental Sciences  
University of Exeter St Luke's Campus  
UK



**15:15** Physical Selection and Training of Armed Forces Personnel

Dr Sam Blacker  
Department of Sport and Exercise Sciences  
University of Chichester  
UK



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These lectures are given in association with the PhD thesis defense by **Ann-Sofie Lindberg** on June 13, at 13:00 in Biology Building Room 201A on:

## Firefighters' physical work capacity

Any questions, please contact Gunilla Solander at [Gunilla.solander@umu.se](mailto:Gunilla.solander@umu.se)

Host: Christer Malm, Sports Medicine Unit.