

Samlad bedömning för:

Kurs: Dietary assessemnt methods	Kurskod: 2KN030	Start och slutdatum: 20180115-20180320
Antal registrerade på kursen: 11	Antal svar på skriftlig kursutvärdering: 8	
Datum för möte (programsamordnare, lärarrepresentanter och studentföreträdare): Inte aktuellt	Datum för samlad bedömning: 20180604	

Detta har fungerat (särskilt) bra

- Uppgifterna hjälpte att uppnå förväntade studieresultat

Detta har fungerat mindre bra

- En del studenter var inte nöjd med kurslitteraturen
- En del studenter tyckte att strukturen i cambro var svår, majoriteten tyckte dock att den var bra eller mycket bra. Vi har nyligen sett över strukturen i Cambro och kommer att fortsätta med nuvarande struktur kommande termin och därefter kommer det att göras en ny utvärdering av hur det fungerat.

Förändringar som är nödvändiga att genomföra inför nästa kurstillfälle

- En av uppgift som i nuläget är skriftlig görs om till en muntlig uppgift (videoinspelning)
- Ny referenslitteratur kommer att läggas till
- Länk till webbaserad resurs inom kostundersökningsmetodik läggs till i Cambro

Förändringar som ev kan bli aktuella att genomföra på längre sikt

- Komplettering med ytterligare föreläsningar

Course evaluation Dietary assessment methods, spring 2018

1. What are the most important things you have learned during the course?

- Relative validation, that is something I've learned what it is
 - Pros and cons with different dietary assessment techniques.
 - How to try and work around the issues when conducting a dietary assessment.
 - I've learned a lot about validation that I did not know before. I also got a deeper learning for dietary assessment methods.
 - Validation techniques with advantages and limitations the different validity methods and to think is millions of perspective when giving/getting feedback.
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- 1-The most important things I learned from this course is the extent of biases exist in every study and how much we can limit these biases and the outcome is always an estimation of what we intended to find out.
- 2-The dietary methods and their validation.
- 3-The dietary tools and their limitation
- 4-The needs to develop more accurate tools to assess dietary intake
- I have learned a lot more about validation and how to validate dietary methods

2. On average, how many hours per week have you devoted to your studies? Only count the hours devoted to this course if you have been taking other courses at the same time.

- 8
- 8
- 15-20 hours
- 20
- 10
- 20
- 35hrs
- 6

Antal svar : 8

3. The course as a whole has increased my knowledge in learning outcomes of the course.

Strongly disagree 0 % (0)

Disagree 13 % (1)

Uncertain 0 % (0)

Agree 50 % (4)

Strongly agree 38 % (3)

Antal svar: 8

Viktat genomsnitt: 4,12

Antal kommentarer : 1

4. The course literature helped me achieve the expected learning outcomes

Strongly disagree 13 % (1)

Disagree 13 % (1)

Uncertain 13 % (1)

Agree 50 % (4)

Strongly agree 13 % (1)

Antal svar: 8
Viktat genomsnitt: 3,38

5. What do you think about the lectures in Cambro?

The lectures helped me achieve the expected learning outcomes

Strongly disagree 13 % (1)

Disagree 0 % (0)

Uncertain 38 % (3)

Agree 25 % (2)

Strongly agree 25 % (2)

Antal svar: 8
Viktat genomsnitt: 3,5

6. What do you think about the exercises (regarding epidemiology, dietary assessment methods, validation and the case report)?

The exercises helped me achieve the expected learning outcomes

Strongly disagree 13 % (1)

Disagree 0 % (0)

Uncertain 0 % (0)

Agree 38 % (3)

Strongly agree 50 % (4)

Antal svar: 8
Viktat genomsnitt: 4,12

7. Now a question about a new part of the course which concerns the case-report assignment: What do you think about the opportunity to revise the case report after receiving oral feedback on your work from a fellow student (reviewer)? The oral feedback from a fellow student (reviewer) helped me in the work of improving the casereport

Strongly agree 38 % (3)

Agree 0 % (0)

Uncertain 25 % (2)

Disagree 25 % (2)

Strongly disagree 13 % (1)

Antal svar: 8
Viktat genomsnitt: 2,75

8. How did you find the structure in cambro (e.g. was it easy to find the material you were looking for)?

Unsatisfactory 25 % (2)

Inadequate 13 % (1)

Adequate 0 % (0)

Good 38 % (3)

Excellent 25 % (2)

Antal svar: 8

Viktat genomsnitt: 3,25

9. If you were responsible for this course next year - is there anything that you would like to change?

- Do one section, before you start a new one. Very stressful with more than 1 deadline per 7 days, when the course is at 50% speed. Hated when deadlines from different assignments are mixed with each other, as it has been in this course. Feel like I have studied at 100% speed, and there are too much to read/do in this course.
- The assignment DA2 would have been easier to conduct and the results would have been better if all the dietary assessment methods would have been done on the same person. Since this wasn't the case it was difficult to draw any conclusions from the data. I gathered all the data from one person and that worked well so in my opinion that could be a requirement that all data should be gathered from one person and not several.
- More deep-going lectures about validation
i think this course was better than i expected it to be. i thought it was going to be a though course, but the different assignments made it easy to understand the different methods and the learning outcome. i really liked how the case report was planed, to have a chance to improve it several times and the to have access other students report was good and made me think outside my box.
- I like the practicality of the course which focused on the target points to achieve.
- I do not see anything to change in this course as the layout of the course is thoroughly organised. The two important component of this course ,the DA2 and the Case Report were maximising the through knowledge for dietary assessment. I found that between the two assignments they have a common ground of to be aware of the biases and the validity of the methods in the dietary assessments in our study. And I am thinking maybe the Case report to be more focused on a research proposal.
- I would have liked to get access to the hand out for D2 earlier since it was a bit stressfull to complete the two lager assignments to the same date.

Antal svar : 6

10. What advice would you give to students who apply for this course in the future?

- Expect stress, and more deadlines than 1 per week. Be highly motivated or do not take this course. The case report are much bigger than you'd expect and doesn't reflect a 50% study speed at all.
- None
- to not be afraid or expect anything to be impossible to learn.
its a very informative and practical course. And I strongly advice them to take it and to be on the top of the work from the beginning of the course and this course would be as a platform for the future research if they are interested to go into it and also for every day working with the client.
- Really try to read and understand the studies/research

Antal svar : 5

11. Other comments on the course?

- Why are there not any statistics involved? Why do we have to do things that you allready done in a basic course? Why can't there be any seminars instead of written assignments?
(Other parts of Umeå University uses this technique at their distance courses, so it is possible)
- Really good structure of the course! It was easy to know what to do and what was expected
- The lecturer were very supportive, a big thanks to both Linda and Maria and of course Petra for hard working on the website.
This course was the first online course I ever done and at the beginning, it felt strange to not to be able to discuss our thoughts

face to face ,but eventually I grown to it and I really enjoyed the course very much. Well done to all of you involved in this course.