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# Sexual and Reproductive Health and Rights – Experiences from Somaliland and Puntland

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#### Our partners

## SOMALILAND NURSING AND MIDWIFE ASSOCIATION



- The focus of the project was on how the midwifery faculty can be capacitated and best utilized within the existing academic, health care and policy environment
- This initiative is aligned with the "World Health Organization's Core Competencies for Midwifery Educators" to build professional competencies and confidence needed for teaching today's midwifery education programmes
- Supported by the MoH in Somaliland And in Puntland, and financed by the Swedish International Development Agency (Sida)



The approach included a set of interdependent components of equal importance, namely:

- A master's degree in the subject of midwifery
- Development of curricula in Master in Sexual and Reproductive Health and Rights
- Capacity build IT in universities and IT support staffs
- Capacity build local teachers/supervisors
- Capacity build staffs at Hargeisa and Borama Group Hospital
- Capacity build MoH staff

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• Academic progression including Bachelor, Master's and PhD degrees will ensure a chain of sustainability in midwifery education, regulation, practice, and research capacity

• In this regard, Dalarna University has offered a one year blended net-based master's

programme

Courses	Name of the course	Higher education credits and previous financial support
Core courses	1.Research methodology I	5
	2.Sexual and reproductive health and rights	5
	3.Maternal and child health - theory into practice	5
	4.Teaching and learning in midwifery science	5
	5.Leadership and management within the health- care system	7
Degree project	6.Research methodology II: planning research projects, conducting data collection and analyzing	3
	7. Thesis writing	10

- The programme has given the faculty the opportunity to learn more about sexual reproductive health, women's rights, teaching and learning, management, leadership, evidence midwifery care and research
- The **master graduates** hold teaching position, work in a leadership position at hospitals and at government level
- They will come to educate hundreds of midwives, and work towards sustainable development in their geographical regions

#### **Lesson learnt**

- The enrollment criteria are crucial for the outcome of the program
- Net-based education requires local coordination
- Recruitment, retention and deployment plans should be considered right from the beginning
- For sustainability of the master's program in RH, it is important that it is aligned with bachelor-level midwifery and nursing programs to avoid gaps and overlaps
- Academic institutions are key actors in education, and this needs to be recognized by politicians, policymakers and donors

First online master's level in midwifery for Somaliland and Puntland teachers 2013-2015

Fifty-nine (59) well-educated women and men completed the program in Somaliland and 25 in Puntland, no one so far in South Central region of Somalia





#### Open access:

#### https://dx.doi.org/10.1016/j.nepr.2017.05.007

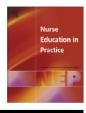
Nurse Education in Practice 25 (2017) 96-103



Contents lists available at ScienceDirect

#### Nurse Education in Practice

journal homepage: www.elsevier.com/nepr



Midwifery Education in Practice

Evaluation of an online master's programme in Somaliland. A phenomenographic study on the experience of professional and personal development among midwifery faculty



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### After completion of the program an evaluation showed the online master's programme:

- Provided tools for independent use of the Internet and independent searching for evidence-based information
- Enhanced professional development
- Challenge-driven and evoked curiosity



### After completion of the program an evaluation showed the online master's programme:

- Challenged personal development
- Challenged context-bound career paths
- Made it possible for women to continue higher education
- Increased the use of evidence in both their own teaching and in clinical practice



An increase of online education for midwifery teachers is suggested for Somalia and other similar settings globally



Currently the same netbased master's degree programme is ongoing in Bangladesh for the midwifery faculty in 25 different institutes/colleges



#### PhD students in Puntland and Somaliland

#### Biomedicinsk analytiker ska utvärdera barns nutrition i Somalia



Biomedicinska analytikern Mohamed Kalid ska som doktorand vid bögskolan i Dalarna utvärdera ett nutritionspeojekt för barn i Somalia En av de först antagna till en ny forskarutbildning inom hälsa och välfärd på högskolan i Dalarna är biomedicinska analytikern Mohamed Khalid från Somalia. Han ska utvärdera ett projekt som syftar till att förbättra nutritionen bland somaliska barn.

Högskolan i Dalarna har nyligen startat forskarutbildning inom hälsa och välfärd med inriktning mot evidensbaserad praktik. De två första



Khadra/Jama Egal



Jonah Kiruja

Mohamed Khalid









## Papers published under collaboration with

Univsity of Hargeisa/Amoud University

## Published in Sexual & Reproductive Healthcare 12(2017), 30-36

Sexual & Reproductive Healthcare 12 (2017) 30-36



Contents lists available at ScienceDirect

#### Sexual & Reproductive Healthcare





Maternal near-miss and death incidences – Frequencies, causes and the referral chain in Somaliland: A pilot study using the WHO near-miss approach



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ARTICLE INFO

ABSTRACT

Article history:

Background Somaliland is a self-declared country with a population of 3.5 million. Most of its population



Contents lists available at ScienceDirect

#### Sexual & Reproductive Healthcare

journal homepage: www.srhcjournal.org



## Women's experiences of stillbirth in Somaliland: A phenomenological description



Hodan Mohamoud Osman, Jama Ali Egal, Jonah Kiruja, Fatumo Osman, Ulrika Byrskog, Kerstin Erlandsson\*

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#### **CLINICAL ARTICLE**

Obstetrics



## A mixed-methods study of maternal near miss and death after emergency cesarean delivery at a referral hospital in Somaliland

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#### Abstract

**Objective:** To explore maternal near miss and death after emergency cesarean delivery in Somaliland, including the impact of the prerequisite for family consent.

**Methods:** A facility-based, mixed-methods study was conducted to assess all maternal near misses and deaths recorded at a referral hospital that provided services to women

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## This is not the end It is the beginning

