

Save the date – Seminar on Exercise intervention studies for older people on October 3rd

On Thursday October 3rd the seminar *Exercise intervention studies for older people* will be held in the Caring Sciences Building (“Vårdvetarhuset”) at Umeå University.

The seminar will include key-note presentations from international experts. There will also be opportunities for short oral presentations or poster presentations (see below for instructions on how and when to submit).

Among the invited speakers are:

- Itshak Melzer, Professor at the Ben-Gurion University of the Negev, Israel, who will talk about effects of perturbation exercise for older adults.
- Sarah Lamb, Professor at the University of Oxford, United Kingdom, who will talk about lessons learnt from designing studies to evaluating clinical practice.
- Dawn Skelton, Professor at the Glasgow Caledonian University, United Kingdom, who will talk about safe and efficacious strength- and balance activities for older individuals with specific challenges (e.g. osteoporosis, vertebral fractures, frailty).
- Philippe de Souto Barreto, Professor at the Université Paul Sabatier Toulouse, France, who will talk about exercise interventions for older people with dementia.

More information about the day will be forwarded at the end of August. Preliminary, the seminar will last from 8.30 to 15.00.

Submit abstracts for presentations no later than Tuesday August 20th by e-mail to chatarina.carlen@umu.se. Write “ABSTRACT EXERCISE SEMINAR” as your e-mail subject. The abstract should be organized and written in accordance to the following:

- Presentation preferences (oral, poster presentation, or either).
- Provenance (i.e. place of work), Contact Details (telephone, email address), Authors (presenting author to be underlined)
- Use the following headings; Title, Background, Aim, Method, Results, Conclusions
- Maximum 300 words, written in English, 12pt font, Microsoft Word (*.doc) format
- Label your document with the surname of the presenting author

Best regards,

Erik

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